

LUNCH MENU

12:30 - 14:30

Starters

- Soup of the Day** Please ask about allergens **£ 7.95**
- Moules a la Crème** 2W, 7, 8, 14 **£ 12.95**
Shallots, garlic, Jersey cider and cream.
- Sautéed Wild Mushrooms (v)** **£ 12.50**
Garlic bruschetta & poached egg. 2W,4,7,10MC,14
- Charcuterie** 2W,10MC,13,14 **£ 13.95**
Cured & smoked meats, tarragon chicken boat, pickles & breads.
- Vegetarian Mezze (v)** 2W,6,7,10MC,12,13,14 **£ 12.95**
Baba ghanoush, artichoke heart, falafel bites, sunblushed tomatoes, hummus, breads, *tzatziki, *feta (*vegan dish if not included).

Poke Bowls

Served over a choice of sushi rice, quinoa, mixed greens or glass noodles.

- Korean Beef Bulgogi Bowl** 5,12,13,14 **£ 15.50**
Marinated beef, kimchi, carrots, bean sprouts, coriander, scallions, avocado, mixed toasted seeds, sweet spicy aioli.
- Ponzu Smoked Salmon Delight** 5,9,12,13,14 **£ 16.70**
Smoked salmon, ponzu dressing, red onion, sweet peppers pickled radish, cucumber, avocado.
- Miso Tofu Mushroom Bowl (V)** 11,12,13,14 **£ 15.00**
Marinated Tofu, grilled mushrooms, pickled ginger, edamame, sesame seeds, miso dressing, crispy shallots.

Desserts

- Mango Parfait** 2W,4,7 **£ 7.50**
Meringue, raspberry gel, sesame seed tuile.
- Chocolate Brownie (v)** 2W,4,7,10MC,13 **£ 9.95**
Vanilla ice cream.
- Pear & Almond Tart** 2W,4,7,10A, 11MC **£ 7.50**
- Jersey Ice Cream (v)** **£ 8.50**
Please ask about daily selection & allergens

Wraps & Sandwiches

- Crispy Chicken Wrap** 2W,4,9 **£ 11.95**
Iceberg lettuce, tomato & cucumber, sweet chilli, mayonnaise.
- Halloumi Wrap (v)** 2W,7,9 **£ 10.95**
Roast Mediterranean vegetables, pesto.
- Smoked Salmon and Prawns** 2W,3,5,9 **£ 12.95**
An open sourdough sandwich.

Mains

- Fish and Chips** 2W,5,10MC,14 **£ 18.25**
Beer battered fish of the day, hand cut chips, mushy peas & tartare sauce.
- Chicken Schnitzel** 2W,4,7,10MC,14 **£ 18.25**
Sautéed potatoes, caper lemon butter & green beans.
- Coast Burger** 2W,4,7,10MC,14 **£ 18.25**
Mature cheddar, grilled bacon, red onion chutney, floured bun with hand cut chips.
- Aubergine & Lentil Tagine (VV)** 2W, 13, 14 **£ 16.25**
Flatbread & toasted date couscous.
- Seared Fillet of Salmon & Seafood Medley** **£ 19.50**
Risotto, tangy lemon rocket, lemon salad, Parmesan. 3,5,7,8,14

Sides

- £ 4.95**
- Hand cut chips Crispy onion rings 2W,10MC,14
French fries Market vegetables
House side salad 9 Rocket & Parmesan salad 7,9
New potatoes 7 Truffle Parmesan fries 7 **£ 5.50**

(v) vegetarian | (vv) vegan | (*vv) vegan alternative available. Ask about our Vegan & Vegetarian menu. Some seasonal variations apply.

Allergen information

1 Celery 2 Cereals containing gluten 2W Wheat 2R Rye 2B Barley 2O Oat 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk / Dairy
8 Molluscs 9 Mustard 10 Nuts 10C Cashews 10A Almonds 10H Hazelnuts 10W Walnuts 10MC May Contain Traces 11 Peanuts 12 Sesame seeds
13 Soya 14 Sulphites

If you have any dietary requirements or food allergies / intolerance please let us know. However, please be aware that due to shared preparation and cooking areas we cannot guarantee a total absence of allergens in any of our finished food products. Please note that we may choose to refuse to serve guests who have severe food allergies in order to protect their safety and health. Some dishes may contain small bone and / or shell fragments.

We will add an optional 10% service charge to your bill, all of which will be shared with the entire hotel team.